

BROKEN SEED STITCH COWL

A Sampler Cowl Knitting Pattern by Holly Beemer

at yarn's length

Scraps of yarn can be turned into a stunning cowl! The simple stitch is easy to master and uses contrast highlight the beauty of each yarn.

Finished Size

8" x 28"

Materials

Yarn scrap yarn in 6 colorways
~3 yards per round (varies by weight)

[Berroco Mochi](#) in Vanilla (Color A)
[Berroco Tiramisu](#) in Tartufo (Color B)
[Berroco Millefiori Light Luxe](#) in Aquamarine (Color C)
[Berroco Artesia](#) in Camellia (Color D)
[Berroco Aerial](#) in Tea Rose (Color E), doubled
[Berroco Lanás](#) in Lake (Color F)



Gauge

16 sts x 30 rows = 4" x 4" in Broken Seed Stitch

Gauge will vary based on yarns used.

Needles [US #10/6.00 mm \(16" circular\)](#)

Notions [finishing needle](#)
[stitch markers](#)

Abbreviations

BO - bind off
CO - cast on
k - knit
kwise - knitwise
p - purl
pm - place marker
st(s) - stitch(es)

Broken Seed Stitch

Round 1 - k all
Round 2 - *k1, p1*
Round 3 - k all
Round 4 - *p1, k1*

Setup

CO 120 sts with Color A, pm, and join in the round, taking care not to twist.

Body

Following the color chart provided below, work in Broken Seed Stitch until the cowl reaches the desired length.

After the last 4-round repeat of Broken Seed Stitch, BO all sts kwise (using the same color as Round 4).

Color Chart

Each 4-round repeat will be worked with 2 colors. You will use 1 color per round.

After 4 rounds, you will continue to use 1 of the 2 colors. The other color will change.

Rounds 1 - 4	Color A Color B Color A Color B	Rounds 29 - 32	Color D Color F Color D Color F
Rounds 5 - 8	Color A Color C Color A Color C	Rounds 33 - 36	Color E Color F Color E Color F
Rounds 9 - 12	Color B Color C Color B Color C	Rounds 37 - 40	Color E Color A Color E Color A
Rounds 13 - 16	Color B Color D Color B Color D	Rounds 41 - 44	Color F Color A Color F Color A
Rounds 17 - 20	Color C Color D Color C Color D	Rounds 45 - 48	Color F Color B Color F Color B
Rounds 21 - 24	Color C Color E Color C Color E	Rounds 49 - 52	Color A Color B Color A Color B
Rounds 25 - 28	Color D Color E Color D Color E		

Finishing

Weave in all ends. Block lightly if desired.

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